Martial Arts Testimonial By William Stanley 09/30/2009

I feel very fortunate and honored to be a student of Master Wang's Martial Arts school. I began as a student of Tai Chi Chuan in April of 2008 and then also became a Kung Fu student in May 2009.

I am a skeptical person when it comes to the big marketing claims that are made by people wanting to sell various products or services. First of all, I have never felt that Master Wang has tried to sell me anything. However, the benefits that I have experienced from Tai Chi and Kung Fu have exceeded my expectations! In addition to the physical benefits of getting in better shape and losing weight, I have experienced the mental benefits of being able to think better and stay focused. I have gained more confidence in myself and believe that I can accomplish much more than I thought possible.

Although I am only 51 years old, I have osteoarthritis and have had 4 hip surgeries — including a total left hip replacement and revision surgery within the last few years. I have experienced the pain of arthritis for years in my feet, ankles, hips and hands. Tai Chi made a tremendous difference and I highly recommend to everyone — especially if you suffer from joint pain.

Although I have always wanted to learn martial arts, I never thought it would be possible for me to practice Kung Fu. Tai Chi prepared me for Kung Fu and I regularly practice both. Master Wang is a great teacher and he has encouraged me to believe and practice.

Of course it does take work and discipline. But if you have a desire and are willing to make the effort, you can do it! I heard a saying that, "when the student is ready, the teacher will appear". Are you ready?