To whom it may concern:

Based on Gov. Abbott of Texas, we can open our studio on May 18, 2020 (Monday) with 25% capacity. We would like to maintain up to 10 people per class size.

Please let us know a week ahead, each week, which class you will be participating in.

We have included a temporary schedule for Kung Fu and Tai Chi. If you wish to continue with the lessons via Facebook Live, a schedule for those classes has also been included.

Following is the Kung Fu & Tai Chi schedule for next two months (May 18 to July 18, 2020)

Kung Fu class schedule:

All ages: (Age 5-108) Tue. /Thur. 5:00 - 6:00 PM

Mon./Tue. /Wed./Thur./Fri. 6:00 - 7:00 PM
Mon./Fri. 7:00 - 8:00 PM
Saturday 10:00 - 11:00 AM
Saturday 11:00 - 12:00 noon.
Tue. /Thur. 7:00 - 8:00 PM

 (Age 18_108)
 Tue. /Thur.
 7:00 - 8:00 PM

 Red/Brown/Black
 Saturday
 9:00 - 10:00 am

Tai Chi class schedule:

All ages: (Age 18 - 108) Tue. Sat. 12:00 Noon - 1:00 PM

Mon./Wed./Fri. 5:00 - 6:00 PM Wed. 7:00 - 8:00 PM Tue. 8:00 - 9:00 PM

Live Stream Schedule

Live Kung Fu class:

- Mon./ Tue. / Wed./ Thur./ Fri. from 6 pm 7 pm.
- Saturday 10 am 11 am.

Live Tai Chi class:

- Monday, Wednesday, Friday 5 pm 6 pm.
- Tuesday, Saturday, 12 pm 1 pm.

If you are not feeling well, allergy related or not, please stay home. We aim to keep everyone's best interest in mind

- Runny Nose
- Fever
- Congestion
- Cough
- Sore Throat
- Watery eyes



The health and safety of everyone is of great importance to us, below are the measure we have implemented and will continue to practice until further notice.

- Any and all student companion must remain in their vehicle
- Temperatures will be checked upon entry
- Everyone is required to wear a mask
- Social distancing (6 ft apart) will be practiced at all times, including class time
- All students are required to wash their hands prior to and after class
- We will be using disinfectant wipes periodically to wipe down doorknobs and door handles.